



HEART NECKLACE

WHAT YOU NEED:

Salt
Flour
Water
Rolling Pin
Food Coloring
Heart Cookie Cutter
Straw
Yarn

To make a heart necklace, first make a batch of salt dough:

½ cup salt
1 cup flour
½ cup water

Preheat your oven to 250 degrees.

Mix all ingredients together. Add food coloring to make the dough the color of your choosing.

Roll dough out to about ¼ inch thick. If it is too sticky to work with add a small amount of flour. Be careful not to add too much as it will cause the dough to be too dry and it will crack.

Using heart shaped cookie cutters, cut out heart shapes.

Using a straw, poke a hole near the top of each heart. This is where the yarn or string will be tied for the necklace.

Bake the hearts until they are completely hard. If they begin to get too dark, cover them with aluminum foil while they finish baking.

When they are done baking, allow the hearts to cool. When cool, string them onto a piece of yarn or string long enough for a necklace.

Older children can write a message on the hearts if they wish.